

GREAT LAKES PARANORMAL RESEARCH TEAM

The Paranormal and Senior Citizens

This article is dedicated to all our senior citizen regarding the paranormal. As you know, the first thing that will happen, is that someone will blame you for not remembering things or events. We realize that will very frustrating. It is hard enough to be “seasoned” and then have things changed, moved, sounds /chatter happen or disappear all together and possibly reappear in a very different location.

Recording will be your best defense until help arrives. Start writing things down, specifically: time, date, people present, what was done. Below that write the most important part: what happened next with the time, date, people present.

Being scared can be normal, especially if you live alone and can't find logical explanations of what is going on. Until help arrives, you might want to reach out and have family or friends come around a bit more. Or for you to get out a bit more, that way you avoid increasing and letting your fear or nervousness get out of control. Keep busy doing healthy things. Out of control fear might just allow things to get worse. We realize this is easier said than done, but to seek out what will help you keep your feet on the ground will be important.

Contacting a paranormal team will be of great support to you. They are trained to look at all sides of the situation and help you look at all the possibilities. They have special equipment to evaluate your home and the happenings. They do this work absolutely for free and their reward is your well-being, safety and peace of mind. They will be honest with you of what they found and what they did not find. They will be straight forward and give you a copy of the full report once they are done. If questions and doubt remain, they might return to check on you and see how things are going. If something was really found, they will give recommendations and continue to give support until it is resolved.

In the mean time, if you feel that contacting a team would be a good start, drop us or a team near you an email and we will get back to you as soon as possible.