

GREAT LAKES PARANORMAL RESEARCH TEAM

The Paranormal & the Elderly

Let us be frank, we won't be young for ever! It is no secret that as we age, our bodies tend to age right along with us! People have to take more medications, more rest, more aches and pains. As our health changes, we need more medications, more help, more doctor visits.

How does this connect to the paranormal? The paranormal does not discriminate, the elderly could end up with issues as well. But as in any case, their health has to be reviewed and they have to be open to checking with their doctor first before the paranormal can be suspected. Medications or illnesses such as Parkinson, liver problems, behavioral issues or dementia can certainly trigger events for the person that can be scary and disconcerting to the individual experiencing them. Care and sensitivity needs to be included when reviewing this type of situation. Sometimes just doing a home visit with the person first can be very helpful rather than dismissing it all together.

We all know that the paranormal in some of its forms can take advantage of people who are frail and can be dismissed easily. As we are sensitive to paranormal issues and children, we also need to be sensitive to the paranormal and the elderly. The elderly also need our support and protection. If medical, then try to connect the person with the support they need. If it appears paranormal, then go for it and make sure things get sorted out so that the elderly person is protected. Find ways to bring in support for the person. If they need to stay temporarily elsewhere while the issue is resolved, then that would be important to figure out. If the person has to stay in their apartment or home, plan with the person who, how will they reach out for support. Safety, protection and good supports should be the target.

If you do a home visit and you have found the elderly/frail person in very precarious neglect/abandon or possible abusive situation, please go to the links below, find the corresponding county and make the call:

Ages 18-59: <https://www.dhs.wisconsin.gov/aps/aar-agencies.htm>

Ages: 60 and over: <https://www.dhs.wisconsin.gov/aps/ear-agencies.htm>

For more information on protecting the elderly, please go to this page: <http://www.napsa-now.org/>

If all seems well, but possibly paranormal, then do your job. Find ways to set up an investigation and make sure the elderly person feels comfortable and understands the process. Sometimes putting it in writing will help them remember what will happen next. If the person needs family or neighbor support while working on the issue, get permission from the client to do so.

Hopefully all will go well and you will be able to complete the needed investigation and help the client

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