

What exactly does a paranormal team do?

Document created by GLPRT Team

This is an important question. The answer might help you decide if a paranormal team might be able to help you and your current situation.

Paranormal teams have the same goal, to figure out what is going on in your home or business. Provide you with insight and resources to address the issue. How they do it, might vary. At this time, seems like paranormal teams are learning from each other, what works, what does not work. They also will bring in other specialists to review their work, investigations and see if they can improve their work.

A good, solid, professional, scientific team will be looking for common sense explanations as to what is causing the happenings in your home. They will take notes, observe, test things out by simply moving a door to see how it behaves, check floors to see how level they are, they will record sound and use video, they will check to make sure there are no critters causing your issue. They will usually do this in teams of two or more.

The team will be recording everything they do. They will spread out through the home and begin to measure things with their tools. They will be taking notes through the investigation. They will be using voice recorders, video cams, digital cameras, measuring temperatures, EMF levels, they might use construction instruments to see how level the floors or cabinets are, they might check for toxins such as Carbon Monoxide levels or perhaps take a look at a cabinet that might have an overload of chemicals in it.

During their work, things might happen. If the team hears a sound, sees something down a hall, experiences electrical or water issues during their work, they will check things out and seek explanations/solutions if possible. If they can't find an explanation, they will make detailed notes and analyze it later.

They will prepare a report for you. This is the heaviest part of what a team does. Once they get home, they will review all the data, analyze it, study it and come up with the results of their findings and recommendations for you.

For those of us working with scientific based teams, have agreed that it is unethical to charge for any of the services provided. In other words, **no paranormal team should be charging for anything they do.**

Who are on these scientific teams? These teams usually do their best to have a combination of people with various backgrounds such as: people with medical

backgrounds, construction, electricians, police or military, biologists, specialties in history, geology, astronomy, weather science, behavioral health, computers, plumbing, etc. Each of these specialties actually can help analyzing data and formulate healthy conclusions.

However, not all teams are made equal.

Some teams use mediums. Sometimes an entire team will be composed of mediums. **Mediums tend to charge for their services,** so be aware. Mediums report that they see, feel and sense things around them that others do not. How to verify these personal experiences, has been conflictual through the centuries. Just know that accurate, honest, professional mediums are very rare and very far and few in between. So be careful if you go this route.

Some teams are based on religious practices/beliefs. These teams, for the most part, don't charge either. They tend to be very well intentioned. However, they can be a bit more emotional and go overboard with things. It is very important to check their work and the experiences other people have had with the team. Set up and interview with them and see if it feels right for you. Also ask about who trained them. If they mention or flash certificates at you, know that this can be deceiving. There is usually no certification for religious practices, demonology or for the skill of “banishing” spirits. It can all be in the eyes and heart of the beholder. If they claim to be skilled in exorcisms, be even more cautious. Very few people are truly allowed to perform such practices. If not done correctly, it can impact your physical and emotional health.

Some teams have someone as a resource who has studied demonology, has a background in theology, or might be an ordained priest, preacher, deacon, shaman or healer. The religious person usually presents characteristics of being caring, down to earth, calm, humble about who they are, gentle, patient, good listener, etc. You will know they are the real deal in their caring presence and manners. If you sense or see, fanaticism, hyper-vigilance, or drama, be careful. That is not something you want to add to your already tense situation.

Some teams are scientific in their approach, they collect data, information, they tape and record sounds, movements and other events in the home or business to find a logical explanation for what is going on. They will write up a detailed report of their findings and give their best recommendations to you. They use more matter-of-fact type approach.

Most of the above mentioned teams, tend to use the same or similar instruments the scientific teams use. Teams who are based on only religious practices, might not use any instruments other than prayer or particular ceremonies.

What to do next? If you feel you are in need of help, your best choice is to connect with a team, interview them and let them interview you and see if it is a good fit. It is almost like looking for a plumber, electrician, just for a different, unique reason.